

Sampada





The Official Bulletin of RCD Resources

December 31, 2022 Volume 1 Issue



September 2022

Recently, Nick and I spent time in Guatemala, where we met wonderful fellow Rotary members and families who unofficially adopted me as 'Tia Jennifer."

"This adventure reminds me of two important truths in Rotary. One, we rely on local, on-the-ground expertise to do what we do best. And two, you have to take sometimes uncomfortable chances to reach important goals.

Every day, I am honored to learn from our Rotary family, every lesson is an opportunity to grow, and each story adds a chapter to our collective Imagine Rotary year."

October 2022

"Pakistan is one of only two countries in the world where wild poliovirus remains endemic. (The other is neighboring Afghanistan.) I was able to witness and take part in vaccination campaigns in Pakistan, and soon after I left, a monumental nationwide immunization campaign took place, focused on 43 million children under the age of 5. I saw the incredible work of Rotary members on the ground. More than percent of vaccinators in Pakistan are women, and they are doing a remarkable job building trust and convincing mothers to vaccinate their children.

SEVA is the secret to a good SAMAJ

Rohini Nilekani

this path.

Our Club follows

"Not too long ago, Rotary members were expected

November 2022

perform our acts of service quietly."

" But keeping Rotary to ourselves has a cost. And by sharing our Rotary moments, we are being generous with others and giving opportunity them an understand the impact of Rotary. It brings to mind that wonderful aphorism: "People will forget what you said. People will forget what you did. But people will never forget how you made them feel." So how do we make people feel Rotary? The best way is to share our Rotary moments."

December 2022

"While sitting with a group of Rotary leaders outside of Lusaka, Zambia, I ask a question: "How many of you have ever had malaria?" Every hand in the room goes up."

"They are fortunate. They have access to medical treatment and lifesaving medicines. For the people or rural Zambia, their story is very different."

THESE ARE INSPIRING MONTHLY MESSAGES OF ROTARY INTERNATIONAL PRESIDENT JENNIFER JONES.











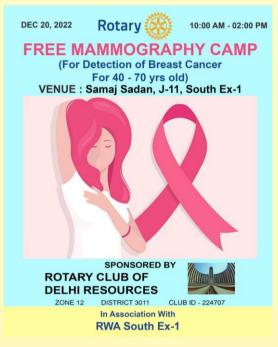


The Rotarians residing in South Extension welcomed the Newly Elected MCD Councilor Shrimati Kusum Lata and her husband at the residence of Rtn Mukesh Kohli, on 20th December 2022. All in True Rotary Spirit to involve all sections and be the bridge where required between different groups of society.





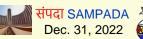




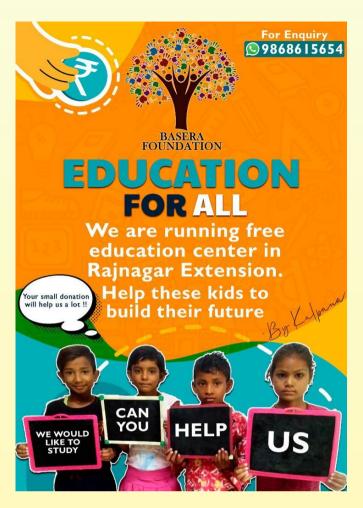


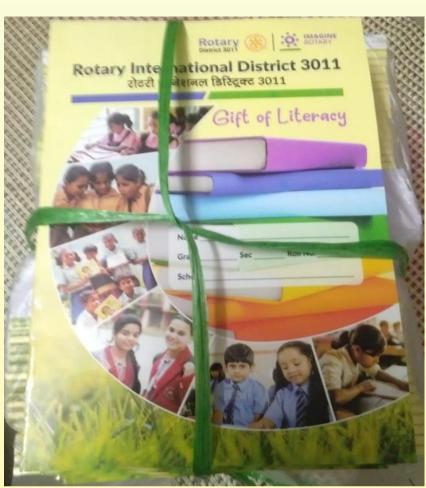


Tuesday, 20th December 2022 - Our club organized a free Mammography Camp at Samaj Sadan, J-11, South Extension – I, New Delhi – 110049. This camp was held in collaboration with RWA South Extension –I. The role of Mr. Rajiv Goel, President and Mr. Yogesh Khetarpal, Secretary and Mr. Gaurav Batra in conducting this successful camp is highly appreciated. The testing facilities are provided by the Mobile Mammography van, that is a project of Rotary Club Gurgaon. In a day 20 ladies can be checked and we met 100% target.

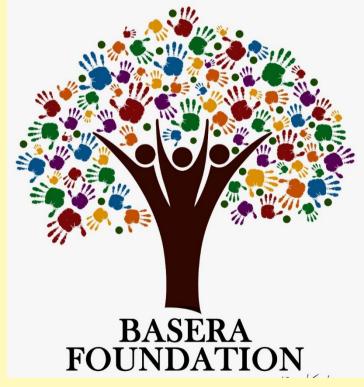












Our club received a request from **Basera Foundation**, **Raj Naga**r, Ghaziabad based NGO for Rotary notebooks. That we promptly hand delivered and the same were distributed among children on 23rd December 2022. These were received by us from Scholars Club Rohtak. Most of these were distributed at Arya Samaj, Sarojini Nagar and HPS, Lajpat Nagar-1.

On Friday 23rd December 2022 our club organized our second free Mammography Camp at Jivodaya

Hospital, Ashok Vihar, Phase -1, Delhi - 110052. The

Mobile Mammography van is a project of Rotary Club

Gurgaon. In a day 20 ladies are checked normally but

today we did 18 considering that had come from

economically weaker section of Jahangirpuri that is

about 8 km away. We also appreciate the serious efforts put in by 'Happiness After Cancer' run by Ms.

Nidhi Vij.

MAMMOGRAPH



DEC 23, 2022

Volume 1

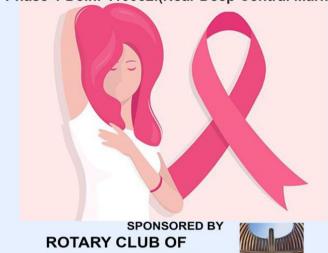
Rotary (M)

10 AM - 2 PM

FREE MAMMOGRAPHY CAMP

(For Detection of Breast Cancer For 40 - 70 yrs old)

VENUE: Jivodaya Hospital Ashok Vihar, Phase-1 Delhi-110052.(Near Deep Central Market)



DELHI RESOURCES ZONE 12

DISTRICT 3011

CLUB ID - 224707













On the occasion of Christmas our Club decided to light-up the lives of inmates of the **Shanti Avedna Sadan (Terminal Cancer Hospice),** 1-Factory Road, (Ring Road, Near Safdarjung Hospital), New Delhi – 110029. So on Friday, 23rd December 2022 it was early Christmas for the male & female inmates (numbers vary from time to time) who were abandoned by their near and dear ones.











PEM 2 (President Elect Meet 2) was organized by incoming DG for 2023-24, Jeetender Gupta on 25th December 2022 Hotel Golden Galaxy. Faridabad. Our Club President Elect Rtn. Rakesh Banga could for some not go family emergency. The event was open to all who want to join the District Team of 2023-24 with DG Elect Jeetender Club Gupta. President 1st and Lady joined on the invite of future District leaders.









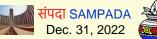
On 27th December 2022 we visited the Ratan Chand Arya Public School along With DLCC Pran Ji and Adult literacy Chairman Mr Vikas Seth and Distt literacy Committee Zonal Head Narender K Gupta and Rtn Sunil Kumar Day, President Rotary Club of Delhi Resources along with his wife Neeti.

We took an overview of the school, which is very well disciplined with long standing dedicated Teachers. The children are very enthusiastic.

Many activities are taking place in the school and following activities are going to take place -

- 01. Talk on mental health and hygiene by Sabhyata Foundation
- 02. Learning of Yoga and Classical Dance by Sarvam Foundation
- 03. Eye Check-up Camp
- 04. Debate Competition.
- 05 Self Defense Learning by Mr Shali (Krav- Maga) Combat fighter from the Army.

Rotary 4



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settle.

10 AM - 2 PM

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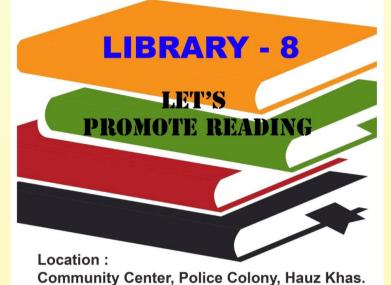


ZONE 12

DEC 28, 2022

DISTRICT 3011

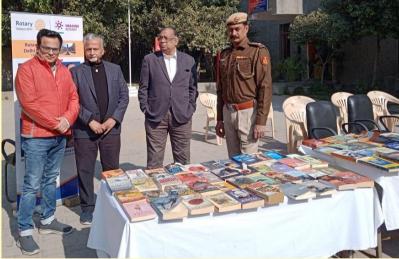
CLUB ID - 224707

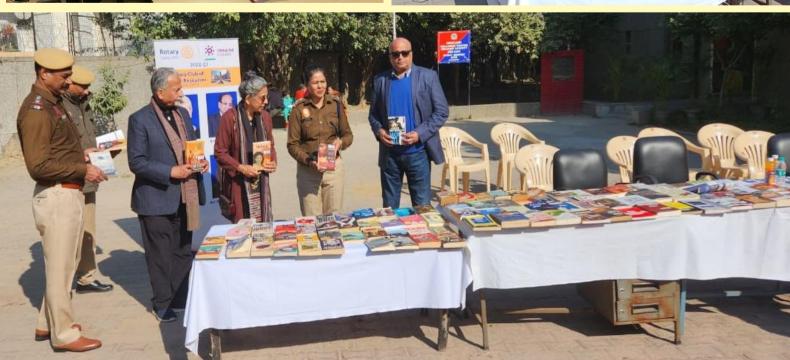


The #8 Library project was launched today, 28th Dec. 2022 with 151 books at Police Colony, Hauz Khas, Near Metro Station Hauz Khas, New Delhi – 110016. The project was initiated with the approval of Inspector Shiv Darshan Sharma, SHO Hauz Khas Police Station. The Chief Guest at the Camp was DCP Chandan Choudhary IPS, who spent quite some time with us despite her very busy schedule. The event was also attended by Zone 12 AG Rtn. Arun Roongta and Dr. Devakar Gupta old time member of Rotary Club Delhi.



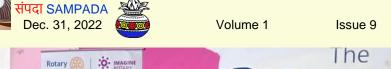




















Wednesday, 28th December 2022 - Our club organized our a free Mammography Camp at Police Colony, Hauz Khas, Near Metro Station Hauz Khas, New Delhi -110016. This camp was held under the guidance of Inspector Shiv Darshan Sharma, SHO Hauz Khas PS and his team was the prefect host with all-round provisions for Rotarians and beneficiaries. The testing facilities are provided by the Mobile Mammography van that is a project of Rotary Club Gurgaon. Today there were 17 beneficiaries (ladies between 40 to 70 years old) from the Police Colony, Hauz Khas, IIT Crossing. The Chief Guest at the Camp was DCP Chandan Choudhary IPS, who spent quite some time with us despite her very busy schedule.



DEC 28, 2022



10:00 AM - 02:00 PM

FREE MAMMOGRAPHY CAMP

(For Detection of Breast CancerFor 40 - 70 yrs old)

VENUE: POLICE COLONY, HAUZ KHAS Near Metro Station Hauz Khas



SPONSORED BY **ROTARY CLUB OF**

DELHI RESOURCES



ZONE 12

DISTRICT 3011

CLUB ID - 224707 **Chief Guest**

DCP Chandan Choudhary IPS





DEC 30, 2022



FREE DENTAL CHECK-UP

VENUE: DAV Public School ,Reserve Bank Enclave, Paschim Vihar



SPONSORED BY ROTARY CLUB OF DELHI RESOURCES



ZONE 12

DISTRICT 3011

CLUB ID - 224707





On 30th December 2022 - Our club organized a Dental Check-up Camp at DAV Public School, J – Block, Reserve Bank Enclave, Paschim Vihar, New Delhi – 110063. The check-up camp was setup by Clove Dental and it started at 09:30 am and finished at 2:00 pm. There were 91 beneficiaries that included students and some parents as it was PTM (Parent Teacher Meeting) day. RTR Premprakash Kushawa from District 3120 (Gorakhpur, UP) also joined us as his nephew is in the school. He is also Secretary Elect for 2023-24 for the District 3120. Our Interact School Chair Ms. Sangeeta Chopra was fully involved in getting the system efficiently organized for the camp.



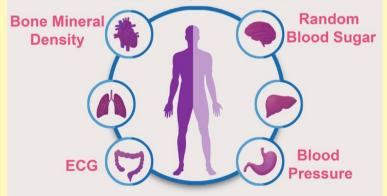
DEC 30, 2022



9:30 am till 2:00 pm

FREE GENERAL HEALTH CHECK-UP

VENUE: DAV Public School ,Reserve Bank Enclave,
Paschim Vihar
FIRST COME, FIRST SERVED





CO-SPONSORED BY
ROTARY CLUB OF
DELHI RESOURCES



ZONE 12 DISTRICT 3011 CLUB ID - 224707

Friday, 30th December 2022 - A General Health Check-up Camp was conducted by RCD Resources in collaboration with DAV Public School, J-Block, Reserve Bank Enclave, Paschim Vihar, New Delhi -110063. This is for the benefit of the Students of all age groups up to 8th class. It started early at 09:300 am and continued till 2:00 pm. Patients were registered by the students only in a very organized way followed by blood tests for lipids and sugar and Bone Mineral Density (BMD) check-ups. The testing equipment were provided by Venkateshwar Hospital, Dwarka. There were 120 beneficiaries of different age groups consisting of students and their parents as it was PTM (Parent Teacher Meeting) day. RTR Premprakash Kushawa **District** from (Gorakhpur, UP) also joined us as his nephew is in the school. He is also Secretary Elect for 2023-24 for the District 3120. Our Interact School Chair Ms. Sangeeta Chopra was fully involved in getting the system efficiently organized for the camp.







GOONJ

Residential dropping centers, offered probono

Important Guidelines for contributing material at a Dropping Center

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Care for Dignity.
(Give only wearable/washed/usable material).

Wash, pack, sanitize & seal your material properly (eg. donot pack shoes, clothes and utensils etc. together).

Attach/add a labelized, itemized list of materials, for us to manage better.

Leave your contact details (name, address, phone no. & email) in a piece of paper with the material.

Fix a time with our dropping centers before bringing/sending materials.

Please call as per the timings/days given by the dropping center.

Only individual contributions in small quantities can be accepted at these centers.

Check expiry dates for medicines and food items before contributing.

Kindly bear with the volunteers in case they take a little extra time in receiving the material due to the ongoing situation.

Don'ts

Wet, dirty or soiled material will not be accepted.

Don't give items like ration, spices loose. Only packed ones to be accepted.

Don't leave material at the door step.

Receipt will only be issued for materials dropped at Goonj offices.

Avoid giving numbers to drivers as calls at odd timing can cause nuisance.

Don't panic if calls are not answered. Volunteers may be unavailable for personal/official reason. Call up our offices

No bulk material/big items, like furniture etc. will be accepted at the dropping centers. Kindly send them to our nearest

Collective contributions from corporation/ school/institutions are not accepted at our dropping centers due to limited space Kindly send them to our nearest office

No pick-up facility is available.

If you feel feverish, please do not come to drop materials.

Volunteer/s will not be able to unload/load

Our heartfelt thanks to all the volunteers who have given us spaces in their homes

Please follow the health guidelines and regulations before dropping the materials.











On 30th December 2022 it was decided to support www.Goonj.org in every possible way. We started with depositing of old cloths / unused items by the President Sunil Kumar Day at their collection center at Dilli Haat, INA, New Delhi - 110023. And buying from them their products made from the old material so collected by them – they re-circulate the waste into very useful products. Their stall is also at Dilli Haat, INA part of current exhibition. They have excelled in this field where the labour intensive system provides employment to many. They are helping needy in multiple way – and there can be better value to our old items lying idea.

Celebrations of January / February

		A STATE OF THE PARTY OF THE PAR	
		January	
	2	Rtn. Alka Banga	Birthday
Ü	14	Anne Anjali Dang	Birthday
3	25	Rtn. Sudhir Kapoor	Birthday
1	25	Rtn. Sunil Kapoor	Birthday
	30	Rtn. Dinesh & Rtn. Kumudni Shrivastava	Anniversary
Ē			
	1	February	
Ä	11	Rtn. Vikas Vij & Rtn. Nidhi Vij	Anniversary
	12	Rtn. Alok Sahdev	Birthday

A Note by President Rtn Sunil Kumar Day



We cannot leave this year 2022 behind us without thanking all those who made the first six months of our Club the most special one – they are our Club members, first and foremost. Then they are our Service Project collaborators – Clove Dental; Center for Sight; Mammography Van; RGCIRC; AIIMS & Fortis to name some.

Rtn. Yogesh Sharma & Anne Sonam Sharma

We also thank the support we received from Sankalp Foundation & Scholars Club, Rohtak. We are always thankful to our Zone 12 AG Rtn Arun Roongta who is available 24X7 for any assistance and guidance. In all we have done 81 Service Projects. We have Chartered one Interact and one Rotaract Cub in the short life of our Club. But a long way to go! We have to do project(s) with District Grant; Project(s) with Kailash SATYARTHI Children's Foundation and most importantly projects with CSR funding. For CSR Funds, we all can make efforts and succeed. Rotary Clubs have been receiving regular CSR funds for its strong reputation and great track records, all over the world.

Club has opened its own bank account as detailed here. Now no member is to pay / deposit money anywhere else. Though cash can be handed over to President / Treasurer who have to deposit in the account. We have applied for SSSS (Smart Swift Support Scheme) grant of Rs.89,360/- for our project of desks for a school for blind girls.

Wishing you all a great New Year 2023.

Club Bank Details -

Rotary Club of Delhi Resources Account No: 4090018890144

RBL Bank

IFSC Code: RATN0000292

Editors Note by Rtn Vidushi Lal



It has been an eventful year for our Club - we should look back at it and take time and reflect on the four way test as well as the Object of Rotary and Rotary Code of Conduct, to remind ourselves what these mean to us as Rotarians and also share these values with others. New Year is always a time for implementing new strategies for self and other areas relevant to your life including your career and your club. Wish a very Happy New Year to all.

Board of Directors

Anniversary

President

Sunil Kumar Day

President Elect

Rakesh Banga

Vice President Sunil Kapoor

Secretary

Nicoleta Ioana Ciufudean

Joint Secretary

Sara Banga

Treasurer Rakesh Banga

Sgt-at-arms Harish Dang

Club Service

Pradeep Kumar Pangasa

Vocational Service

Alok Sahdev

Community Service

Dinesh Kumar Shrivastava

International Service

Nicoleta Ioana Ciufudean

New Generation Service

Niti Day

Membership

Yogesh Sharma

Public Image

Niti Day

The Rotary Foundation

Alok Sahdev

Literacy (T-E-A-C-H)

Prabodh Kumar Dubey

Water Sanitation & Hygiene

Gurmukh Kotwani

CSR

Sunil Kapoor

IT

Alka Banga / Vidushi Lal



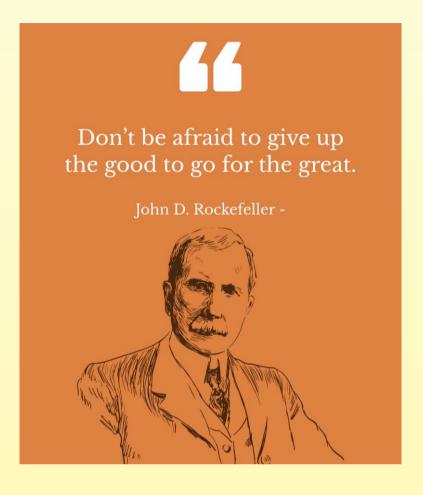
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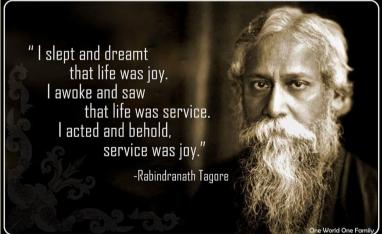


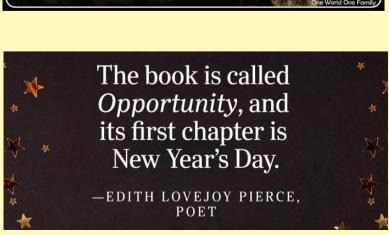


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नव वर्ष की शुभकामना बहे प्रेम की अविरल धारा नया साल हो इतना प्यारा शुद्ध बयार शुद्ध हो गंगा मान बढ़े ओर उड़े तिरंगा भाषा में सबका मान करें देश का सब सम्मान करें ख़ुशबू से भर जाये उपवन सुखी धरा प्रफ़ुल्लित हो मन गूंजे जग में संदेश हमारा विश्व प्रेम हो सबका नारा जन जन में उल्लास हर्ष हो सबको मंगलमय नया वर्ष हो अति प्रेम सहित कुमुदनी दिनेश।

- Rtn Kumudni Shrivastava

Happy New Year
2023

